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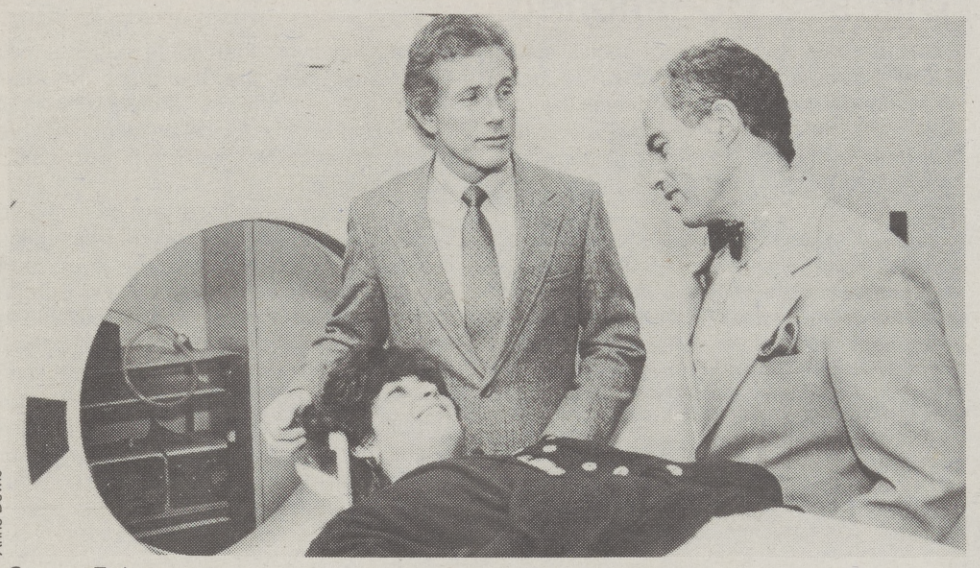
*Volume 2, Number 2 January 17-30, 1987*

# UCSF Newsbreak



Anne Dowie

*Genant, Ettinger*

## New Treatment Prevents Bone Loss after Menopause

Researchers at UCSF and the San Francisco Kaiser Permanente Medical Center have reported that physicians may be able to lower the doses of estrogen—and thereby reduce the risk of side effects—given to prevent the rapid bone loss that often follows menopause.

An estrogen dose previously found too low to prevent bone loss was effective when combined with dietary calcium supplements, the team found. Calcium supplements alone, however, failed to stop the loss.

The study is the first to assess over time the effect of calcium supplements on spongy bone of the spine, which now is considered the most sensitive site for assessing bone density, said UCSF radiologist Harry Genant, MD, professor of medicine and orthosurgery.

In addition, the UCSF researchers found that spongy spinal bone loses mineral very rapidly after menopause—about five percent a year—faster than peripheral bones such as those in the wrists, which previously have been used to monitor bone loss. "This means it's even more important than we thought for menopausal women to consider treatment early, not after five or ten years when the damage may already be done," Genant stressed.

The study was led by Bruce Ettinger, MD, an endocrinologist at Kaiser and UCSF clincial professor of medicine and radiology. Genant, Ettinger and UCSF radiologist Christopher Cann, PhD, reported their findings in the January 1987 issue of the journal *Annals of Internal Medicine.*

## Pianist Zeitlin Goes Trio Feb. 7

If you have ever heard jazz pianist-composer Denny Zeitlin dance across the keys, you know that there are jazz musicians, and then there are *jazz musicians.* Zeitlin, who just happens to be a UCSF psychiatrist, plunks himself down at the piano and puts himself to the challenge of integrating jazz, classic, avantgarde and rock music in his concerts.

Zeitlin will create his next array of music for the mind and heart on Saturday, February 7, at 8 p.m. in the UCSF-Laurel Heights auditorium. With him will be drummer Peter Donald and Joel Di Bartolo on bass.

This is the third in a series of six "Musical Panoramas" sponsored by the UCSF Committee for Arts and Lectures. Remaining concerts include Concerto Marini on Saturday, April 18; the SF Symphony Principals with pianist Janet Guggenheim on Sunday, April 26; and traditional Latin American folk music by Sabia on Friday, May 8.

Tickets per concert are $8 general, $7 UCSF faculty and staff, and $6 students, seniors, Millberry members. You can charge by phone by calling x62035 ($1 service charge) or visit the Millberry Central Desk. For concert information call x62542.

## Blood Pressure Drug Dramatically Reduces Pain of Rheumatoid Arthritis

A totally new approach to treating arthritis, using drugs to block nerves leading into the joint, has dramatically helped some patients with rheumatoid arthritis, according to UCSF researchers.

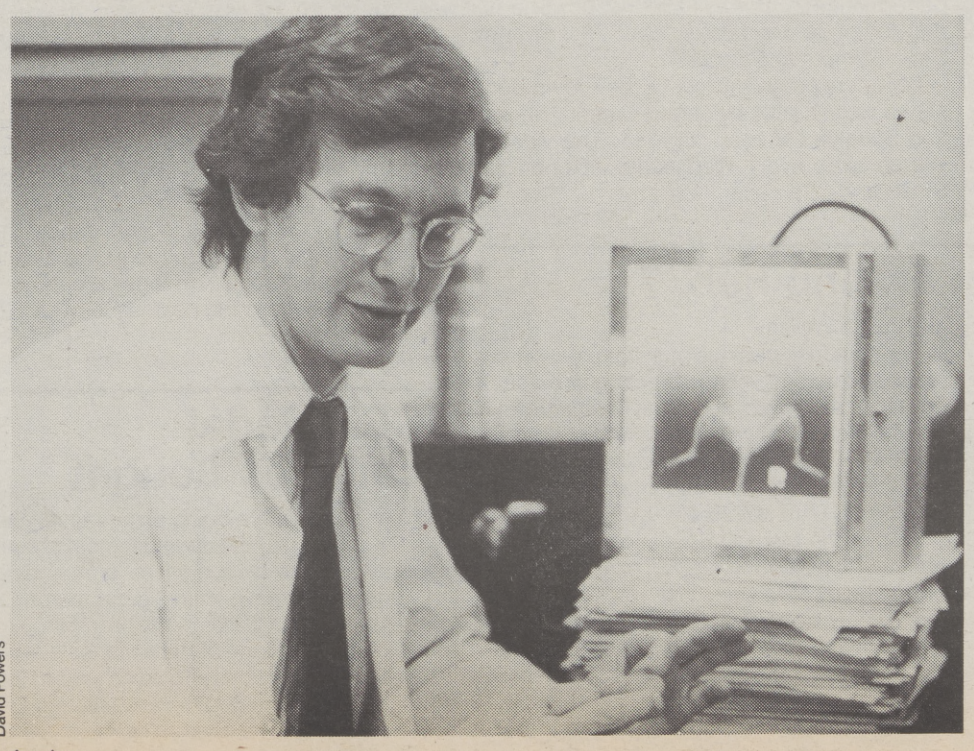
The drug guanethidine, a common blood pressure medication, must be given intravenously and restricted to the region around the joint, but according to the scientists, many patients had significant pain relief lasting two weeks after only a single treatment. Several patients reported that their joints were free of pain for the first time in over a decade. "These are people who have had serious arthritis problems for an average of 12 years," said rheumatologist Jon D. Levine, MD, PhD.

Levine, neurobiologist Allan I. Basbaum, PhD; rheumatologist Kenneth Fye, MD; Phillip Heller, MD, now at Kaiser Foundation Hospital in Fremont; and Quinn Whiting-O'Keefe, MD, PhD, assistant professor, medicine and medical information sciences, reported the results of their clinical trial in the December issue of the *Journal of Rheumatology.*

Guanethidine is a drug commonly used to treat high blood pressure, but in larger doses it blocks the sympathetic nervous system—the part of the nervous system that deals with stress.

The success of the drug in alleviating arthritis pain confirms recent animal studies by Levine and Basbaum showing that the nervous system plays an important role in causing the inflammation and pain of arthritis.

The physicians conducted a double blind trial with 24 seriously arthritic patients, most of whom were undergoing treatment with drugs used to treat severe arthritis. Thirteen patients received guanethidine, 11 a placebo. All of those who received the drug reported a moderate to very good lessening of pain, and an increase of pinch strength. Improvements in the other measures were not significant.



David Powers

*Levine*

## Styles to New Livingston Chair

Margretta M. Styles, EdD, has been appointed to the new James P. and Marjorie A. Livingston Chair, the first established chair in the School of Nursing.

Styles, who stepped down as dean of the School at the end of last year after l0 years in that position, is professor of mental health, community and administrative nursing. She presently is serving as president of the American Nurses Association.

The Livingston Chair in Nursing recognizes the contributions and educational needs of nursing service directors, particularly in rural settings in California. It is named for James P. Livingston, executive vice president and director of National Medical Enterprises, Inc., and his wife, Marjorie.

The Livingstons have made several generous contributions to the campus through the Chancellors' Fund, the Vision Research Campaign and the Department of Anesthesia. Mr. Livingston is a trustee of the UCSF Foundation, a member of the UCSF Board of Overseers, chairman of the Chancellor's Associates program and chairman of That Man May See, Inc.

## Gov's Budget

Governor Deukmejian's 1987-88 budget proposal, released Thursday, January 8, provides $1.859 billion in state funding for the University of California's operating budget — a 4 percent increase over appropriations to UC in 1986-87. He also recommends $139.5 million in capital project funding.

The $71 million in additional state funds for operating costs compares with the University's own budget request of $196 million in additional funding. UC also sought $187.2 million in capital funds.

University President David P. Gardner said the Governor's proposal reflects "a very tight budget year for the University, as it does for state government generally."

It is not clear as to exactly how this will affect UC salaries for the next fiscal year, but it may result in no cost of living increases until next January, when the budget proposal is for a 3 percent increase for state funded positions, both faculty and staff, effective January 1, 1988.

The current merit programs would be

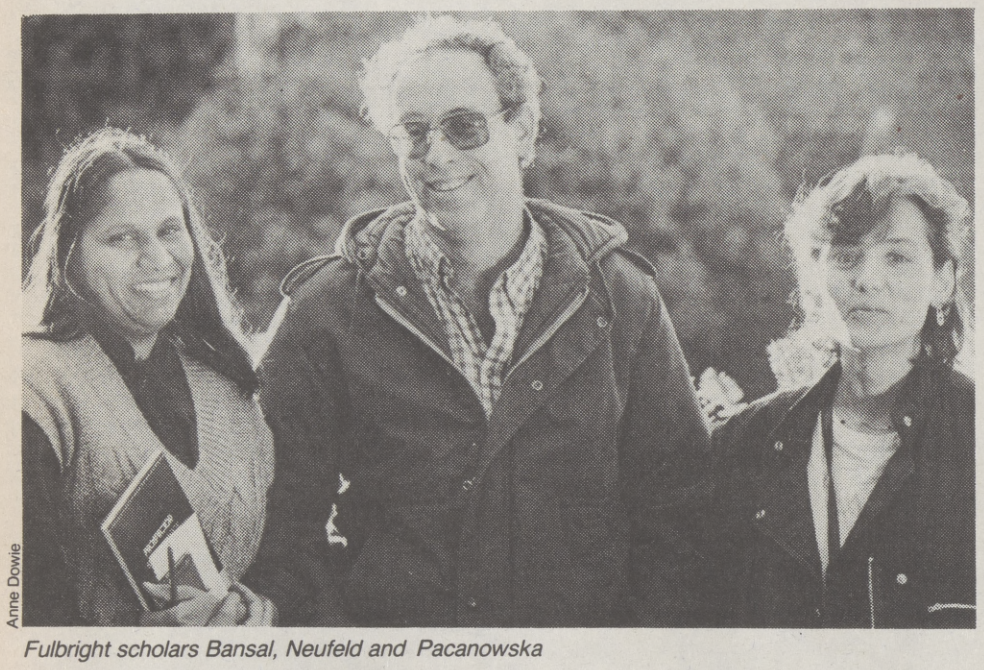
*(continued on page 6)*

# Four International Scholars at UCSF Under Fulbright Program

UCSF is hosting four international scholars from four different nations under the Fulbright Scholars Program. They are: Manju S. Bansal, Dolores Gonzalez Pacanowska, Miroslav Milicevic and Gera Neufeld.

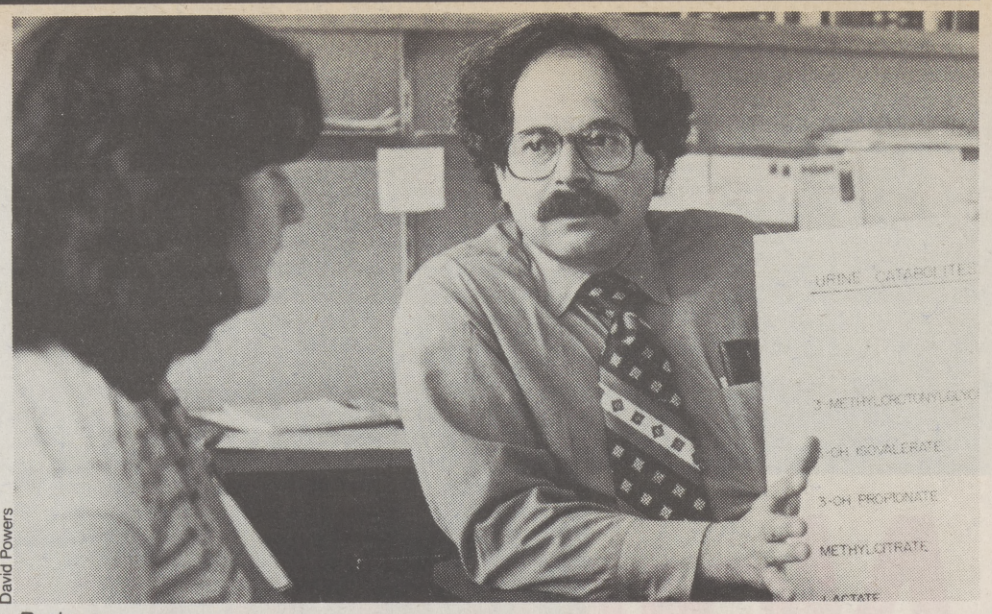
- A lecturer in molecular biophysics at the Indian Institute of Science, Bangalore, India, Bansal is studying the conformation of nucleic acids. She is working through April with Thomas L. James, PhD, professor, chemistry and pharmaceutical chemistry.
- Pacanowska is an assistant teacher in the Department of Biochemistry at the University of Granada, Spain. She will be completing this month her research on the regulation of cholesterol metabolism in cultured cells with John A. Watson, PhD, professor, bichemistry.
- An assistant professor and head of the Institute for Surgery Clinical Center, Belgrade, Yugolsavia, Milicevic will be studying gastric surgery when he arrives later this month. He will be working at the VAMC with Carlos Pellegrini, MD, associate professor, surgery.
- Neufeld is a professor of biological chemistry at the Hebrew University of Jerusalem, Israel. He is studying how to target mechanisms of metastatic cells to various body sites. He is working with Denis Gospodarowicz, professor, medicine, ophthalmology and the Cancer Research Institute, through June.

Visiting Fulbright scholars from abroad number more than 950. They come from 94 countries and are placed in some 300 US institutions of higher education to do research and lecture for up to a year. The Fulbright Program's purpose is "to increase mutual understanding between the people of the US and the people of other countries."



Anne Dowie

*Fulbright scholars Bansal, Neufeld and Pacanowska*



David Powers

*Packman*

# Established Treatment for Milk Sugar Disease Questioned

New findings by pediatric specialists at UCSF—in collaboration with USC—suggest that standard treatment used over the past 25 years for an inherited disease which prevents the body from using milk sugar normally may not be as effective as previously thought.

The disorder is galactosemia, which occurs in about one in every 65,000 live births nationally. Babies with the disease do not metabolize milk sugar properly and, without treatment, either die or suffer damage to the brain, eyes, liver and kidneys, according to UCSF pediatrician Seymour Packman, principal study investigator.

"Standard treatment has been to restrict all milk and milk products in the diet, and medical specialists have thought that this effectively controlled the disease. Our research shows, however, that some patients who have undergone this treatment for many years are nonetheless suffering from a specific set of neurological problems that previously were not linked at all to galactosemia," said Packman.

The findings have important public health implications, he emphasized, because galactosemia is included in virtually all newborn screening programs in the US and Europe. "This disorder has served as a prototype for inherited disease screening because we have both a pre-symptomatic detection test and a treatment plan which can begin even before symptoms or disabilities appear." Packman is director of the UCSF Area Genetics Center, serving the Northwestern California coast for newborn screening.

# UCSF Child Care Center Gets on ABC-TV

Our very own Marilyn Reed Lucia Child Care Study Center was on KGO-TV, Channel 7, on Saturday, January 3. ABC aired a special entitled "Make the Morning Last" which featured the Center because of its model worksite child care program. In a letter to Chancellor Krevans, ABC expressed special thanks to the Center's director, Meryl Glass, and UCSF psychiatrist Miriam Gould, who played major roles as consultants to the special.

# Conferences on AIDS, Mental Health: for East Bay, Sacramento

The UCSF AIDS Clinical Research Center and the UCSF AIDS Health Project are sponsoring two separate two-day conferences on the psychological and community impacts of AIDS.

Physicians from the East Bay Area will be able to hear lectures from experts in AIDS medicine and psychology on Friday and Saturday, January 23 and 24, at the UC-Berkeley Student Union.

The following week, physicians and mental health professionals from throughout the Sacramento area will attend a similar conference on Friday and Saturday, January 30 and 31, at the UC-Davis Memorial Union.

UC experts and representatives from local agencies will speak on issues of medical treatment, neurological problems associated with AIDS, and how to broaden each community's strategy to fight the disease. People with AIDS will describe what their experiences have been, followed by a discussion by social workers and psychologists on diagnosis and treatment of psychiatric disorders that accompany the disease. Experts also will discuss how to educate people to prevent the spread of AIDS.

The California Department of Mental Health has provided funds for these forums, which included a conference in San Jose earlier this month.

For further information call Linda Merideth at x69126.

# Brown Bag Video Begins Jan. 28

If you work at SFGH or CED and feel left out because you aren't able to attend the weekly Brown Bag programs, take heart. Brown Bag Video is coming! The first of the series, "From Burnout to Balance," presented by UCSF research associate Cynthia Scott, will be aired live via satellite in the Carr Auditorium at SFGH and the Commons Room at CED on Wednesday, January 28, at noon. The following week the Buchanan Dental Clinic will show the video tape on monitors.

In her presentation, Scott will be looking at ways to achieve self-renewal and optimal performance in a stress-filled world. She is the author of two books, *Heal Thyself* and *From Burnout to Balance*.

For future programs, check the Brown Bag schedule, available by calling Campus Tours and Speakers Bureau, x64394. The videos will be aired every Wednesday at noon to SFGH and CED.

Anne Dowie

*Among those who attended the Alzheimer's event — and who participate in the clinic as well — are Joseph C. Barbaccia, family medicine; Morton A. Lieberman, psychiatry; Leon Epstein, psychiatry; and Glen Doyle, School of Nursing.*

# Big Turnout for Alzheimer's Program

The program and reception sponsored by the UCSF Memory Clinic and Alzheimer's Center on January 8 drew a big crowd — approximately 150 people from around the campus and the community attended Morton Lieberman's presentation, "Problems and Promises: Self-Help Groups for the Elderly." Lieberman is director of UCSF's Aging and Mental Health Program.

The Memory Clinic and Alzheimer's Center, which has been open since August 1985, is now a well-established and flourishing program. The January 8 event was held partially in celebration of that fact, says Mariann Di Minno, associate director of the Center, as well as to give staff and members of community agencies the mutual opportunity to meet and get acquainted with services.

The Center has been designated by the State of California to provide services to Alzheimer's disease patients and their families. The clinic provides comprehensive evaluations and home visits to monitor patients, and it assists families in caring for patients at home.

# United Way Participation Up Over Last Year

The overall level of campus participation in the 1986 United Way Campaign increased from 1985's 30.7% to almost 33%. The dollar amount increased from $148,000 in 1985 to almost $177,000.

"I am particularly gratified," said Chancellor Krevans, "to see that several units have greatly improved their participation — most notably, the Medical Center and the School of Pharmacy. Their special efforts on behalf of the campaign in providing incentives and increased visibility have resulted in significant increases in participation in those areas."

Look for details in the next issue of *UCSF Newsbreak*!

# UCSF Medal Nominees Sought

Nominations now are being accepted for the 1987 UCSF Medal, the campus' most prestigious award which recognizes outstanding individuals who have made great personal contributions to UCSF or to the broader community. A brief resume of the nominee's attributes and contributions should be sent to the Chancellor's Office, S 126, Box 0402, by Friday, January 30. The awards will be made at the Founders Day banquet on April 9.

# Imaging Symposium in Fresno Feb. 7

Health professionals from all over the San Joaquin Valley will be studying the latest advances in medical imaging at a symposium in Fresno on Saturday, February 7, in the Milo E. Rowell Auditorium, 2615 E. Clinton Avenue. It is sponsored by the UCSF Fresno Medical Education Program.

Among the topics to be examined during the day are mammography, magnetic resonance imaging, osteoporosis, endoscopy, and difficult to diagnosis fractures.

Guest speakers from UC will be UCSF radiologist Michael Brandt-Zawadski, MD, and UCSD radiologist David Sartoris, MD. Participating UCSF-Fresno faculty will include Drs. Malcolm Anderson, Patrick Ginn, Richard Lesperance, David Rosin, William Vlymen and Justin Williams.

The symposium is designed for physicians, registered nurses, licensed vocational nurses, physician assistants and other health professionals. Fee for physicians is $95; nonphysicians $65. Discounts are available for early registration. For further information call Sharon Balestra at 225-6100, x562.

Also at the Medical Education Program in Fresno, Richard K. Root, MD, chair of the Department of Medicine, last week delivered the 1987 Visiting Professorship Public Lecture entitled "AIDS: Facts, Fictions, Future." Root has a distinguished research career in the field of infectious diseases with special interest in the area of host defense mechanisms.


# UCSF *Newsbreak*

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**Deadline** for the next issue, which will cover Jan. 31-Feb. 13, will be Tuesday, Jan. 20. Please send campus news copy to Allen Balderson and Medical Center news to Dawn Finch, both at the above address. Last-minute copy can be taken over the telephone by calling x61541 or x62557.

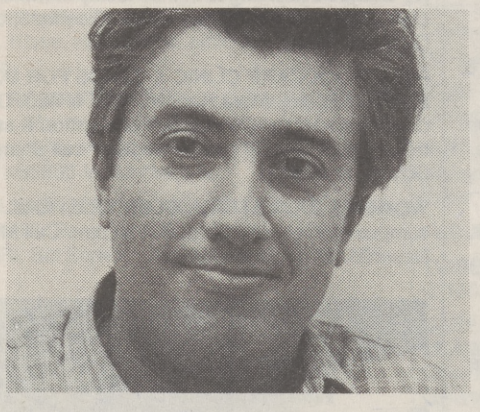
*Editor:* Allen J. Balderson
*Med Center writer:* Dawn Finch
*Calendar, Gazette editor:* Donald Hickerson
*Production editor:* Don McClelland

Carol Fox, News Director

Michela Reichman, Assistant Chancellor—Communications

# Gazette

## Honors & Awards



EMR

**Sal Giammona,** audiovisual technician, Educational Media Resources: Awarded the 1987 Phelan Award of the Film Arts Foundation as one of three outstanding filmakers in the Bay Area. The award includes a $2,500 cash prize.

David Powers

**Virginia L. Ernster,** associate professor, epidemiology & international health: Appointed to a four-year term on the Board of Counselors, Division of Cancer Prevention & Control of the National Cancer Institute.

Christopher Kary

**Leona I. Hansen-Nealey,** director, volunteer services, Medical Center: Elected president of the Northern California Association of Directors of Volunteer Services.

David Powers

**Dyanne Affonso,** acting associate professor, physiological nursing, School of Nursing: Appointed to the Advisory Council for the National Center for Nursing of the National Institutes of Health.

**Dorothy Ford Bainton,** professor, pathology: Invited speaker at the Southern Blood Club Meeting Jan. 28-30 in New Orleans. She will speak on *Redistribution of GMP-140 After Activation* and *Incorporation of Circulating Protein into Megakaryocyte & Platelet Granules.*

**Robert G. Miller,** associate professor, neurology: Appointed to the editorial board of the journal *Muscle & Nerve.*

**Roger L. Crumley,** clinical professor, otolaryngology: Invited by the Morelia Medical School in Mexico to be part of a team of seven US plastic surgeons to conduct a week-long series of lectures and workshops, and to perform surgery in three hospitals in Morelia from November 30 to December 6.

Janet Fries

**Jere E. Goyan,** professor, pharmacy & pharmaceutical chemistry; dean, School of Pharmacy: Selected as the 1987 recipient of the Rho Chi Lecture Award of the Rho Chi Pharmacy Honor Society. His lecture, entitled *On Matters Related to Perpetual Motion, Pyramid Schemes, the Tooth Fairy, and Ingenuousness* will be delivered on March 29 in Chicago.

## Publications

**Jessica Gaynor,** assistant clinical professor, psychiatry; **Chris Hatcher,** clinical professor, psychiatry: Authors, *The Psychology of Child Firesetting: Detection and Intervention* (Brunner/Mazel, New York, 1987.)

**Ilza Veith,** professor emeritus, psychiatry & history & philosophy of health science: Co-author, *The Essentials of Medicine in Ancient China and Japan: Yasunori Tamba's Ishimpo* (two volumes, E.J. Brill, Leiden, Holland, 1986.)

## In Memoriam

**Peter A. Zimmerman,** developmental technician, Coleman Memorial Laboratory, Department of Otolaryngology. He came to UCSF in 1982 and joined the staff of the Coleman Lab that was developing and fabricating the cochlear implant. As an essential member of this team, he originated and patented important work on the electrode plating process.

**James H. Lay,** operating room technician, neurosurgery. He received his training in the US Navy and worked at the old Southern Pacific Hospital before coming to UCSF in 1970 as an operating room assistant in the nursing service. He specialized in neurological surgery procedures and developed the specialty into a position in Neurosurgery to which he transferred in 1977.

## Service Award Recipients

*Service awards are issued on staff members' tenth anniversaries of employment (or longer, in increments of five years). Names are provided by Personnel as awards are processed. Campus and Medical Center departments should send criteria to Personnel as employees become eligible for service awards.*

**Harriet Bagwell,** 20 years, clinical lab

**Kimberley Beliveau,** 10 years, nursery

**Melissa Choy,** 10 years, senior vice chancellor's office

**Charles Garrigues,** 20 years, LPPI

**Sing-Na Sonia Gee,** 15 years, ACC

**Renee Hall,** 15 years, LPPI

**Susan Hedberg,** 15 years, general medicine

**Gloria Horns,** 10 years, surgery

**Dale Houston,** 40 years, LPPI

**Frederick Hunt,** 10 years, patient escort

**Charles Jochem,** 30 years, School of Pharmacy

**Virginia Kearney,** 20 years, LPPI

**Florence MacDonald,** 15 years, radiology

**Luz Mariano,** 10 years, LPPI

**Beverly McGehee,** 10 years, neurosurgery

**Marilyn Rajokovich,** 30 years, LPPI

**Margaret Scott,** 30 years, LPPI

**Delfina Serrano,** 10 years, pathology

**Ellen Shehadeh,** 10 years, pediatrics

**Patricia Shiffler,** 10 years, clinical lab

**Joyce Smith,** 15 years, pharmaceutical services

**Nolan Smith,** 10 years, nutrition & dietetics

**Josephus Stuchlak,** 15 years, LPPI

**Frances Sturtevant,** 15 years, surgery

**Michael Travers,** 20 years, OR

## Appointments

Ann Miller

**Richard M. Freeman:** Professor, medicine; chief, medicine, VAMC-Fresno. He comes to UCSF-Fresno from the University of Iowa College of Medicine, where he was professor of medicine and chief of the renal dialysis facilities. A Stanford graduate, he did pioneering work in kidney dialysis and transplantation and has been twice president of the National Kidney Foundation. After serving as assistant professor of medicine and urology and director of clinical nephrology at Vanderbilt University, he joined the faculty at University of Iowa where he served for 13 years as associate chair for educational and graduate programs and director of the residency program.

**Dean Sheppard:** Director, UCSF Lung Biology Center to be located at SFGH. He joined the UCSF faculty in 1980 following a fellowship in pulmonary medicine at the CVRI. Sheppard served as chief of the Chest Clinic at SFGH from 1981 to 1985 and now is an associate professor of medicine and associate staff member at the CVRI. A specialist in the role of environmental agents in causing lung injury and inflammation, he is the current chair of the American Thoracic Society Scientific Assembly on Environmental and Occupational Health.

Dave Barkman

**Joseph C. Shipp:** Professor, medicine; associate chief, medicine; director, diabetes and endocrinology, Valley Medical Center, Fresno. He brings to UCSF-Fresno experience in university training throughout the world. He has served as a visiting professor and consultant at medical schools and hospitals in the South Pacific, Near East, Far East and South Asia. He maintains a lifelong interest in the care and treatment of diabetes and was one of the first to introduce the insulin pump as a clinical option in patient care.

## Contracts & Grants Awarded

**Rosemary E. Hernandez,** medicine, S/M, $11,088, American Heart Association, CA affiliate, *Diet K+: Renal C1- Transport & Blood Pressure in Humans.*

**William L. Holzemer,** physiological nursing, S/N, $36,433, El Camino Hospital, Mountain View, CA, *Project Transition.*

**John Hopkin,** psychiatry, S/M, $592,334, San Francisco, City & County, *Case Management, Outpatient & Outreach Services / Dept. of Public Health.*

**Keith A. Ito,** epidemiology & international health, S/M, $271,442, CAL/H&W Health Services, *Laboratory Support of the State Cannery Inspection Program.*

**Carol C. Korenbrot,** Institute for Health Policy Studies, S/M, $5,000, The Walter S. Johnson Foundation, *Teen Clinic & Parenting Education Programs Evaluation, Booth Memorial Center.*

**Irwin D. Kuntz, Jr.,** pharmaceutical chemistry, S/P, $56,086, NSF, *Isolation & Characterization of BPTI Folding Mutants.*

**Joseph La Dou,** medicine - SFGH, S/M, $30,332, CAL/H&W Health Services, *Occupational Illness Reported to SF Bay Area Poison Control Program*; $3,272, *An Overview of the General Workplan; A Report on Pesticide Tolerances in Food.*

**Stephen J. Mc Phee,** medicine, S/M, $62,532, American Cancer Society, *Cancer Prevention in Vietnamese Immigrants: a Survey of Knowledge, Attitudes & Practices*; $24,000, San Francisco Foundation, *Corporate Health Promotion Research Project: Program Development & Community Resource Coordination.*

**John Mills,** medicine - SFGH, S/M, $26,255, Travenol Lab, *Passive Immunotherapy with Intravenous Anti-pneumococcal Antibody in Patients with Pneumococcal Infections.*

**Jeree H. Pawl,** psychiatry, S/M, $41,796, San Francisco, City & County, *Child Abuse & Neglect Prevention & Intervention Programs.*

**Irving Philips,** LPPI, $11,552, DOD/DA Sixth Army, Presidio of San Francisco, *Child Psychiatry Educational Services.*

**Donald D. Rigamonti,** epidemiology & international health, S/M, $26,578, DOD/DA Walter Reed Army Inst. of Research, *Intergovernmental Personnel Agreement.*

## Promotions

*Promotions are made available to this publication after they are processed by the Personnel Department.*

**Deborah Badsky-Williams**, principal radiologic technologist, radiology.

**Barry Ballard**, staff research associate II, biochemistry.

**Gary Cason**, administrative assistant II, restorative dentistry.

**Gwendolyn Dow**, senior radiologic technologist, radiology.

**Nancy Gagnon**, senior EEG technologist, neurology.

**Marina Gordillo**, administrative assistant III, medical information sciences.

**Eugene Kumekawa**, data processing assistant II, medicine.

**Matt Lammi**, management services officer I, LPPI finance.

**Robert MacKenzie**, administrative assistant II, dentistry/dean's office.

**Jeffrey Mandel**, community health project manager, psychiatry/LPPI.

**Joseph Molinari**, management services officer II, otolaryngology.

**Carol Mooney**, secretary II, ambulatory care center.

**Gregory Olson**, administrative analyst, pediatrics.

**Julio Ruffini**, administrative analyst, LPPI-research.

**Terrie Schultz**, staff research associate II, Cancer Research Institute.

**Marie Turcotte**, administrative assistant II, laboratory medicine.

**Willie Watson**, hospital anesthesia assistant III, anesthesia, SFGH.

## AIDS Research Funds Available

The Center for Research into Substance Abuse and Mental Health Aspects of AIDS (SAMHA) announces that funds are available for pilot research studies in substance abuse and AIDS and AIDS in minorities. The Center, under the direction of Stephen B. Hulley, MD, recently was established as a joint activity of UCSF, the SF Department of Public Health and the Bayview Hunters Point Foundation. Researchers from the campus and the community are encouraged to apply for grants of up to $5,000. Application deadline is Monday, February 16. For further information and application forms call Norman Hearst or Leslie Roos at x68624.

## More NIH MERITs

In the last issue of *UCSF Newsbreak* we ran a list of all the UCSF faculty members we knew of who in the last two years have been awarded NIH MERIT status. The MERIT awards provide a few outstanding investigators with up to 10 years of stable support for on-going research projects without the burden of resubmitting applications.

Well, smart people that we are, we ran a disclaimer saying that we were sure we had missed some folks. And sure enough, we had: Dorothy Ford Bainton, professor, pathology, "Immunocytochemistry of Megakaryocytes & Platelets."

So, if you are a UCSF faculty member recently awarded MERIT status by NIH and have not been listed in these last two issues of *UCSF Newsbreak*, give us a call at x61541, and we'll be sure to run you in a future issue.

# Today/Tomorrow

## 17 Saturday

**ANESTHESIA MORBIDITY/MORTALITY CONFERENCE.** HSW 301. 8-10 a.m.

**ORTHOPEDIC GRAND ROUNDS.** Permanente Medical Group. Doctors Conference Rm., 5th Fl., Hospital Bldg., Kaiser-SF. 8-9 a.m.

**PRO RECREATION WORKSHOP:** *Introduction to Polarity Philosophy & Nutrition.* Yordanda Ciglar. MU Madrone Rm. 9 a.m.-5:30 p.m. $30 students/MU members, $40 general. Call x61800.*

**PRO RECREATION WORKSHOP:** *Handwriting Analysis.* Robert Wassermann. MU Madrone Rm. 9 a.m.-4 p.m. $20 students/MU members, $25 general. Call x61800.*

## 20 Tuesday

**COMBINED MODALITY BREAST CANCER CONFERENCE.** Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

**SFGH PEDIATRIC GRAND ROUNDS.** Carr Aud., SFGH. 8:30-10 a.m.

### MOBILE MAMMOGRAPHY SCREENING SCHEDULE

Women now can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 or x62193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations for the next two weeks:

Jan. 20-23: Fireman's Fund Employees, Novato.

Jan. 26-28: Richmond District, 7th Ave. between Geary & Clement.

Jan. 29-30: Hills Brothers Coffee employees, at Harrison & Mariposa.

**NEW EMPLOYEE ORIENTATION:** *UCSF Policy, Procedures & Benefits.* Presented every other Tues. All new employees are urged to attend. Toland Hall. 8:30 a.m.-noon. To register call x61645.

**INTRODUCTION TO THE MEDICAL CENTER AT UCSF:** For new employees at the Medical Center. Presented every other Tuesday. M 169. 10 a.m.-3 p.m. Supervisors call Richard, x69438.

**CENTER ON DEAFNESS ROUNDS.** President's Conf. Rm., UCSF-Laurel Heights. 10:45 a.m.-noon.

**HISTORICAL PERSPECTIVES IN MEDICINE FILM/DISCUSSION SERIES:** *The Surgical Revolution: Anesthesia & Antisepsis.* Film: *Strange Sleep.* Guenter B. Risse, Hist. & Phil. Hlth. Sci. HSW 302. Noon-1 p.m.

**OBSTETRICS/PEDIATRICS & ANESTHESIOLOGY CONFERENCE:** Julian T. Parer, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

**INTERNATIONAL FOLK DANCING:** Led by Dean Linscott. No partner needed. Everyone welcome. MU Gym. 1:15-2:30 p.m. $2.*

**SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE.** Rm. 1X58, SFGH. 3:30 p.m.

**BIOCHEMISTRY/BIOPHYSICS SEMINAR:** *Cytoplasmically Disposed Glycoproteins & Organization of the Nuclear Pore Complex.* Larry Gerace, Cell Bio., Johns Hopkins. HSW 301. 4 p.m.

### HISTORY & PHILOSOPHY OF HEALTH SCIENCES FACULTY COLLOQUIUM JAN 20

**PAST & FUTURE OF ACADEMIC HEALTH CENTERS:** *Session II: Development of Teaching Hospitals.* Faculty/Alumni House. 5-6:30 p.m. Participants please contact the department at x62766.

**OUTDOORS UNLIMITED SLIDES & STORIES:** *Papua New Guinea.* Lisa Campbell. Toland Hall. 7 p.m.*

## 21 Wednesday

**HAND SURGERY CONFERENCE:** *Joint & Ligament Injuries of the Hand.* Richard Kofkoff, Plast. Surg. S 214. 7-8 a.m.

**MULTIDISCIPLINARY TUMOR BOARD:** M 1296. 7:30 a.m. Call Lourdes Saenz, coordinator, x61662.

**SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE.** Rm. 5K8, SFGH. 7:30-9 a.m.

**DERMATOLOGY GRAND ROUNDS:** *Psoriasis—Toward Understanding the Pathogenisis.* G. Krueger, Derm., U Utah. HSW 301. 8 a.m.

**PSYCHIATRY GRAND ROUNDS:** *The Therapeutic Alliance & the Outcome of Cognitive, Behavioral and Dynamic Therapy for Depressed Elders.* Charles Marmar, Psychr. LPPI Aud. 8-9 a.m.

**MEDICINE GRAND ROUNDS:** *Asthma Mortality.* Homer Boushey, Med. Cole Hall. 11 a.m.-noon.

**NEUROLOGY GRAND ROUNDS:** Douglas S. Goodin, Neuro. S 664. 11:10 a.m.-12:05 p.m.

**AIDS-HIV 1987 UPDATE SEMINAR:** *Clinical Manifestations of AIDS.* Harry Hollander, Med. *Psychiatric/Psychosocial Issues.* Jay Baer, Psychr. Cole Hall. Noon.

**BROWN BAG TOURS LECTURE SERIES:** *Strategies for Success.* Summer Simonton, Success Dynamics. HSW 302. Noon. Tapes of all talks available for listening in HSE 345, SIMA unit, UCSF Library. Call x64394.*

**UCSF AL-ANON MEETING:** For friends & families of alcoholics. C 517. Noon-1 p.m.*

**HEAD & NECK TUMOR CONFERENCE.** A 732. 1-3 p.m.

**ANATOMY SEMINAR:** *Proteoglycans During Development & Aging.* Arnold Caplan, Bio., Case Western Reserve. HSE 1309. 2 p.m.

**UCSF/UCB TOXIC SUBSTANCES RESEARCH & TRAINING SEMINAR:** *Oil in Plants.* Melvin Calvin, Chem., UCB. HSW 300. 4 p.m.

**TRISERVICES CARDIOLOGY CONFERENCE.** C 130. 4-5 p.m.

**UROPHYSIOLOGY CONFERENCE:** *The Use of Ultrasound in Urology.* Stefan Mueller, Uro. M 460 4:30-6 p.m.

**SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE.** Rm. 4H2, SFGH. 4:30 p.m.

**CHILD NEUROLOGY CONFERENCE:** Bruce Berg, Neuro. M 666. 4:30 p.m.

**NEUROPHYSIOLOGY CONFERENCE:** *Synaptic Transmitter Release, EPSPs.* John Day, Neuro. M 666. 6-7 p.m.

**COMMUNITY HEALTH TALK:** *New Developments in Controlling Chronic Pain.* Allan Basbaum, Anat. & Physio. Laurel Heights Aud. 7:30 p.m.*

## 22 Thursday

**SFGH NEUROLOGY-NEUROSURGERY CONFERENCE.** Rm. 4H2, SFGH. 8 a.m.

**PEDIATRICS GRAND ROUNDS:** *New Insights into the Molecular Basis of the Congenital Hemolytic Anemias.* William C. Mentzer, Ped. *Anemia of Prematurity.* Kevin M. Shannon, Ped. Hematol /Oncol. S 664. 8:30-10 a.m.

**SFGH TRAUMA CENTER CONFERENCE.** Rm. 4H40, SFGH. 8:30 a.m.

**OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS:** *Recent Advances in the Diagnosis of Occupational Renal Disease.* Gideon Letz, HESIS. Carr Aud., SFGH. 8:30-10 a.m.

**PEDIATRIC TUMOR BOARD.** L 34. 11 a.m.-12:15 p.m.

**HISTORICAL PERSPECTIVES IN MEDICINE FILM/DISCUSSION SERIES:** *The Surgical Revolution: Anesthesia & Antisepsis.* Film: *Strange Sleep.* Guenter B. Risse, Hist. & Phil. Hlth. Sci. HSW 302. Noon-1 p.m.

**AIDS-HIV 1987 UPDATE SEMINAR:** *Immunology, Lab Tests & Autoimmunity.* Daniel Stites, Lab Med. & Med. Cole Hall. Noon.

**RAPE PREVENTION EDUCATION PROGRAM:** *The Confrontation.* A film docudrama about a woman's alternatives when dealing with rape. Discussion to follow. Toland Hall. Noon. Call x65222 for further information.*

**RADIOBIOLOGY & ENVIRONMENTAL HEALTH SEMINAR:** *Differential SCE Induction in Cycling & Noncycling Cells.* Mary Helen Barcellos-Hoff, Cell Bio., LBL. LR 213. Noon.

**MEDICAL ETHICS GRAND ROUNDS:** *Updating the "Do Not Resuscitate" Policy: Perspectives from Moffitt & SFGH.* Neal Cohen, ICU; Molly Cooke, Med., SFGH; Eric Juengst, Med. Ethics. HSW 303. Noon.

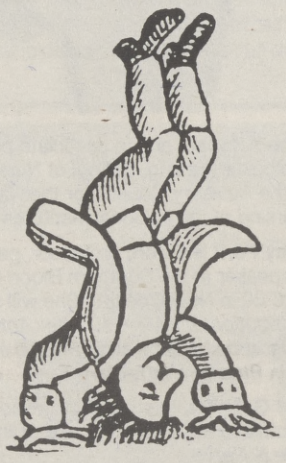
**UCSF/MOUNT ZION GERIATRIC GRAND ROUNDS:** *Anxiolytic Drugs in the Elderly.* Steve Eschaves, Pharm., SFGH. Herbst Hall, Mt. Zion. Noon.

**COMBINED HEMATOLOGY/ONCOLOGY ROUNDS.** M 1296. 1:30-2:30 p.m.

**MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE.** L 1161. 4-6 p.m.

**NEURORADIOLOGY CONFERENCE.** HSW 303. 4-5 p.m.

**ORTHOPEDIC SURGERY CLINICAL GRAND ROUNDS.** A 630. 4 p.m.



**PRIMARY CARE GRAND ROUNDS:** *Vertigo.* Robert Jackler, Med. A 455. 4:30 p.m.

**URO-ONCOLOGY CASE CONFERENCE:** Perinchery Narayan, Uro. M 460. 4:30-6 p.m.

**RADIATION ONCOLOGY CHAIRMAN'S RESEARCH CONFERENCE:** *Dose to the Contralateral Breast.* Norman Albright, Rad. Onc. L 34. 5 p.m.

**NEUROSURGERY GRAND ROUNDS.** HSW 302. 5-6:30 p.m.

**COLE HALL CINEMA:** *Blue Velvet.* Starring Isabella Rossellini & Dennis Hopper. Children under 14 $2, UCSF students & MU members $2.50, general $3. (UCSF employees $2 this showing only.) Cole Hall. 5:45 p.m.*

**PLASTIC SURGERY TEACHING CONFERENCE:** *Lower Extremity Reconstruction.* James Davis, Surg. Following a discussion of the OR Schedule. HSW 300. 6-7 p.m.

## 23 Friday

**SFGH MAXILLOFACIAL TRAUMA CONFERENCE.** Rm. 4H4, SFGH. 7-7:30 a.m.

**PULMONARY PHYSIOLOGY SEMINAR.** L 1361. 8-10 a.m.

**TRICENTER RADIATION ONCOLOGY CONFERENCE.** Mt. Zion Hosp. 8:10 a.m.

**PEDIATRIC CHIEF OF SERVICE ROUNDS.** M 666. 9 a.m.

**PHARMACEUTICAL CHEMISTRY SEMINAR:** *Oxidations of Iron Porphrins.* Alan Balch, Chem., UC-Davis. S 1364. 11 a.m.

**CLINICAL NEUROLOGY CONFERENCE.** A 884. 11 a.m.

**ORAL BIOLOGY SEMINAR:** *Hairy Leukoplakia & Epstein-Barr Virus.* John Greenspan, Oral Bio. & Path. HSE 332. Noon.

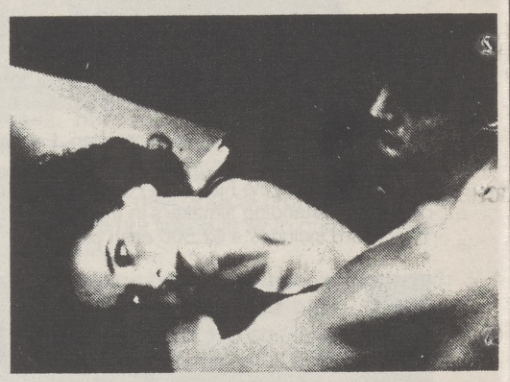
**PATHS OF HEALING & WHOLENESS:** Group discussion among the participants. N 517. Noon-1 p.m.*

**ALCOHOLICS ANONYMOUS MEETING:** All are invited. HSE 336. Noon-1 p.m.*

**RADIATION ONCOLOGY RESEARCH LABORATORY SEMINAR:** *Changes in the Fidelity of Mammalian DNA Polymerases.* Sharon Kraus, Biochem., UCB. CED 200. Noon.

**FREE BACK CARE CLINIC & CLASS FOR UCSF EMPLOYEES:** Sandra Hansen, RPT. N 423. Drop-in clinic noon-1 p.m. Class in self prevention & self treatment 1:30-3:30 p.m. To register call Sharon Schulte at x64304.

**WOMEN'S BASKETBALL CLUB:** Open to all campus women. MU Gym. 6-7:30 p.m. Call Mary Newman for details, x63058.



**COLE HALL CINEMA:** *Blue Velvet.* Starring Isabella Rossellini & Dennis Hopper. Children under 14 $2, UCSF students & MU members $2.50, general $3. Cole Hall. 6:30 & 8:45 p.m.*

## 24 Saturday

**ANESTHESIA MORBIDITY/MORTALITY CONFERENCE.** HSW 301. 8-10 a.m.

**PRO RECREATION WORKSHOP:** *Yoga, Meditation & Healing Visualization.* Marilyn Gordan. MU Madrone Rm. 9 a.m.-5:30 p.m. $25 students/MU members, $30 general.*

**RAPE PREVENTION EDUCATION PROGRAM:** *Self Defense for Children.* Trisha Brinkman. A class for boys & girls ages 7-10. Child Care/Study Center. 10:30-2 p.m. $15. Call x65222.*

## 26 Monday

### CAMPUS BLOOD DRIVE JAN 26

Contests, raffles & refreshments for participants. Please bring identification. MU main lounge, 8 a.m.-3 p.m. & School of Nursing mezzanine level, 11 a.m.-5:30 p.m.*

### LAB MED SPECIAL LECTURER JAN 26 & 27

Department of Laboratory Medicine Visiting Professor Don Coffey, Uro., Onc. & Pharmacol., Johns Hopkins.

Mon., Jan. 26: *Organization of DNA in the Nucleus.* S 664. 11 a.m.-noon.*

Mon., Jan. 26: *Human Destiny: The Evolution of Creative Thought in Science Through the Ages.* HSW 300. 4-5 p.m.*

Tues., Jan. 27: *Concepts in Cancer Research.* Cosponsored by the Cancer Research Institute. S 664. 10-11 a.m.*

**OVEREATERS ANONYMOUS MEETING:** N 417. Noon. Call Dolores Phillips, 929-8651.*

**LABORATORY MEDICINE CORE CURRICULUM:** *Laboratory Diagnosis of Gastrointestinal Disorders.* James H. Grendell, Med. & Physio., SFGH. L 535. 2-3:30 p.m.

**CVRI SEMINAR:** *Neutron Scattering Studies of Muscle Cross-Bridge Structure.* Robert A. Mendelson, Jr., Biophys. S 1364. 4-5:30 p.m.

**UROLOGY RADIOLOGY CONFERENCE:** Emil Tanagho, Uro. M 460. 4:30-6.

## 27 Tuesday

**COMBINED MODALITY BREAST CANCER CONFERENCE.** Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

**SFGH PEDIATRIC GRAND ROUNDS.** Carr Aud., SFGH. 8:30-10 a.m.

*Open to the public.

# January 17-30, 1987

**CENTER ON DEAFNESS ROUNDS.** President's Conf. Rm., UCSF-Laurel Heights. 10:45 a.m.-noon.

**HISTORICAL PERSPECTIVES IN MEDICINE FILM/DISCUSSION SERIES:** *Contagion: The Case of Ignaz Semmelweis.* Film: *The Invisible Enemy.* Guenter B. Risse, Hist. & Phil. Hlth. Sci. HSW 302. Noon-1 p.m.

**WOMEN'S RESOURCE CENTER FILM:** *Women—For America, For the World.* Followed by discussion with producer Vivienne Verdon-Roe. Toland Hall. Noon. Call x65836 for further info.*

**NEONATAL MORBIDITY & MORTALITY CONFERENCE:** Julian T. Parer, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

**INTERNATIONAL FOLK DANCING:** Led by Dean Linscott. No partner needed. Everyone welcome. MU Gym. 1:15-2:30 p.m. $2.*

**SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE.** Rm. 1X58, SFGH. 3:30 p.m.

**BIOCHEMISTRY/BIOPHYSICS SEMINAR:** *Regulation of Rhizobium Symbiotic Genes.* Sharon Long, Bio., Stanford. HSW 301. 4 p.m.

**NEW VOLUNTEER ORIENTATION:** To acquaint new & prospective volunteers with opportunities available in the Medical Center. C 213. 6-8 p.m. Call x61196.*

**CAL READING CLUB.** MU Board of Governors Rm. 6:30 p.m.*

**OUTDOORS UNLIMITED ADVENTURE FILM SHOWCASE:** *Cross Country Skiing.* MU TV Room. 8 p.m. Call Larry Cosser at 731-1699.*

## 28 Wednesday

**HAND SURGERY CONFERENCE:** Journal Club. S 214. 7-8 a.m.

**SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE.** Rm. 3K8, SFGH. 7:30-9 a.m.

**SFGH UROLOGY GRAND ROUNDS.** Cafeteria Conf. Rm. 1, SFGH. 7:30-9 a.m.

**DERMATOLOGY GRAND ROUNDS:** *Gene Rearrangement & Dermatology.* Tristam Partlow, Path. HSW 301. 8 a.m.

**PSYCHIATRY GRAND ROUNDS:** *AIDS & the Nervous System.* Robert Levy, Neurosurg. LPPI Aud. 8-9 a.m.

**NUCLEAR MEDICINE SEMINAR:** *Modern Plastic & Reconstructive Surgery & Possible Role of Nuclear Medicine.* Stephen Mathes, Surg. L 340. 8:15-9:15 a.m.

**MEDICINE GRAND ROUNDS:** *The Adult with Corrected Congenital Heart Disease: A New Patient Population.* Melvin Cheitlin, Med. Cole Hall. 11 a.m.-noon.

**NEUROLOGY GRAND ROUNDS:** *Some Unusual Vascular Syndromes.* Roger P. Simon, Neuro., SFGH. S 664. 11:10 a.m.-12:05 p.m.

**AIDS-HIV 1987 UPDATE SEMINAR:** *Pediatric HIV Infection.* Peggy Weintraub, Ped. *Oral Manifestations of HIV Infection.* Deborah Greenspan, Oral Med. Cole Hall. Noon.

**BROWN BAG TOURS LECTURE SERIES:** *From Burnout to Balance.* Cynthia D. Scott, Family & Community Med. HSW 302 & live via satellite to SFGH Carr Aud. & CED Commons Rm. Noon. Tapes of all talks available in HSE 345, SIMA unit, UCSF Library. Call x64394 for appointment.* (See story pg. 2.)

**UCSF AL-ANON MEETING:** For friends & families of alcoholics. C 517. Noon.*

**NUCLEAR MEDICINE SPECIAL SEMINAR:** *Recent Cases of Diagnostic Interest.* Paul Schield & Steve Fuller, Valley Hosp., Livermore. L 340. 1 p.m.

**FACULTY COUNCIL MEETING.** S 222. 1-3 p.m.

**TRISERVICES CARDIOLOGY CONFERENCE.** C 130. 4-5 p.m.

**UCSF/UCB TOXIC SUBSTANCES RESEARCH & TRAINING SEMINAR:** *Pharmacokinetics in Low Dose Extrapolation Using Animal Cancer Data.* Stella Grosser, Statistics, Stanford. 24 Warren Hall, UCB. 4-6 p.m.

**SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE.** Rm. 4H2, SFGH. 4:30 p.m.

**NEUROPHYSIOLOGY CONFERENCE:** *Somatosensory I: Peripheral Nerve & Receptors.* Mary Heinricher, Neuro. M 666. 6-7 p.m.

## 29 Thursday

**PEDIATRICS GRAND ROUNDS:** *Wound Healing: Overview & Prevention of Infection.* Thomas K. Hunt, Surg. *Surgical Management of Necrotizing Enterocolitis.* Alfred A. Delorimier, Ped. Surg. S 664. 8:30-10 a.m.

**SFGH TRAUMA CENTER CONFERENCE.** Rm. 4H40, SFGH. 8:30 a.m.

**HISTORICAL PERSPECTIVES IN MEDICINE FILM/DISCUSSION SERIES:** *Contagion: The Case of Ignaz Semmelweis.* Film: *The Invisible Enemy.* Guenter B. Risse, Hist. & Phil. Hlth. Sci. HSW 302. Noon-1 p.m.

**AIDS-HIV 1987 UPDATE SEMINAR:** *Neurologic Manifestations of HIV Infection.* Robert Levy, Med. *Transfusion & Blood Banking.* Herbert Perkins, Med. & CRI. Cole Hall. Noon.

**BIOCHEMISTRY & BIOPHYSICS SEMINAR:** *Packing, Protein Structure & Tertiary Templates.* Fred Richards, Molecular Biophys. & Biochem., Yale. S 1364. 1 p.m.

**ADOLESCENT MEDICINE CASE CONFERENCE:** *Nutrition, Plasma Lipids & Oral Contraceptive Use in Adolescents.* Lucy B. Adams, Adol. Med.; Thomas P. Bersot, Med. & Gladstone Fdtn. A 267. 3:30-5 p.m.

**ORTHOPEDIC SURGERY CLINICAL GRAND ROUNDS.** A 630. 4 p.m.

**MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE.** L 1161. 4-6 p.m.

**NEURORADIOLOGY CONFERENCE.** HSW 303. 4-5 p.m.

**PRIMARY CARE GRAND ROUNDS:** *Update on Evaluation of Thyroid Disease.* Francis Greenspan, Med. & Radiol. A 455. 4:30 p.m.

**OPERATIVE UROLOGY SEMINAR:** *Kidney Transplant: Special Considerations.* Jan Breza, Comenius U, Czechoslovakia. M 460. 4:30-6 p.m.

**RADIATION ONCOLOGY CHAIRMAN'S RESEARCH CONFERENCE:** *Thermal Dosimetry for a Microwave Applicator.* Patrick Swift, Rad. Onc. L 34. 5 p.m.

**NEUROSURGERY GRAND ROUNDS.** HSW 302. 5-6:30 p.m.

**COLE HALL CINEMA:** *Nothing In Common.* Starring Tom Hanks & Jackie Gleason. Children Under 14 $2, UCSF students & MU members $2.50, general $3. (UCSF employees $2 this showing only.) Cole Hall. 5:45 p.m.*

**PLASTIC SURGERY LECTURE/DINNER MEETING:** *Soft-Tissue Augmentation, Dermal Fat, Grafts & Other Biologic Tissues.* Harvey Zarem, Plast. Surg., UCLA. Faculty/Alumni House. 6 p.m. $20. Call X63061.

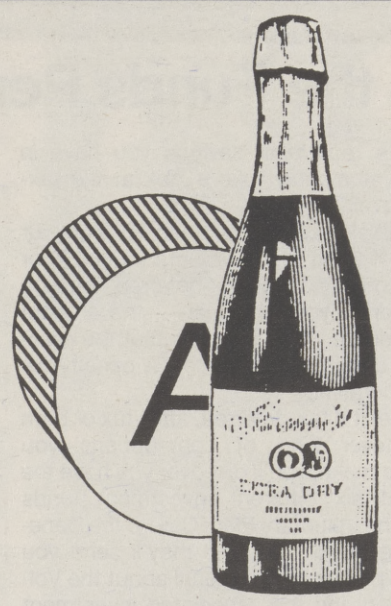
**OUTDOORS UNLIMITED SLIDE/LECTURE:** *The Andes to the Amazon.* Lynn Meisch. MU Madrone Room. 7 p.m.*

## 30 Friday

**SFGH MAXILLOFACIAL TRAUMA CONFERENCE.** Rm. 4H4, SFGH. 7-7:30 a.m.

**PULMONARY PHYSIOLOGY SEMINAR.** L 1361. 8-10 a.m.

**PEDIATRIC CHIEF OF SERVICE ROUNDS.** M 666. 9 a.m.




**PHARMACEUTICAL CHEMISTRY SEMINAR:** *Cellular Mechanisms of the Interaction Between Acetaminophen & Ethanol.* John Slattery, Pharm., U Washington. S 1364. 11 a.m.

**CLINICAL NEUROLOGY CONFERENCE.** A 884. 11 a.m.

**ORAL BIOLOGY SEMINAR:** *Glucosyltransferases of Oral Streptococci.* Ernst Newbrun, Oral Bio. & Perio. HSE 332. Noon.

**PATHS OF HEALING & WHOLENESS:** *The Transforming Power of Masks.* Suki Rappaport. N 517. Noon-1 p.m.*

**ALCOHOLICS ANONYMOUS MEETING:** All are invited. HSE 336. Noon-1 p.m.*

**WOMEN'S BASKETBALL CLUB:** Open to all campus women. MU Gym. 6-7:30 p.m. Call Mary Newman for details, x63058.

**COLE HALL CINEMA:** *Nothing In Common.* Starring Tom Hanks & Jackie Gleason. Children Under 14 $2, UCSF students & MU members $2.50, General public $3. Cole Hall. 6:30 & 9 p.m.*

## DEVELOPMENT & TRAINING COURSES

Call x64032.

**Classification Workshop for Supervisors.** Wed., Jan. 21. 9-11 a.m. $5.

**Retirement Planning Program.** Fri., Jan. 23-Feb 27. 10 a.m.-noon. $5.

**Materiel Management Workshop.** Tues., Jan. 27 & Wed., Jan. 28. 8:30 a.m.-12:30 p.m. $10.

**Supervisor's Training Program.** Wed., Feb. 4-Mar. 11. 8:30-noon. $10.

**Financial Planning Seminars (Overview).** Wed., Feb. 4. 10 a.m.-noon. $5.

**Interview & Selection for Supervisors & Managers.** Thurs., Feb. 5. 1:30-4:30 p.m. $5.

**Self-Assessment for Career Planning.** Thurs., Feb. 5-26. 8:30 a.m.-noon. $5.

**Introduction to Spreadsheets.** Mon., Feb. 9. 8:30 a.m.-4:30 p.m. $20.

**Performance Evaluation Workshop.** Tues., Feb. 10. 8:30 a.m.-4:30 p.m. $5.

**Basic Medical Terminology.** Tues., Feb. 24-Apr. 28. 1:30-2:30 p.m. $20.

## CONTINUING EDUCATION

### MEDICINE

Call x64251 for further information unless otherwise stated.

**Sampling & Evaluating Airborne Asbestos Dust.** Berkeley Conference Center. Feb. 2-6. Call 642-5507. Sponsored by UC Northern CA Occupational Health Center.

**Annual Review in Family Medicine: Controversies & Challenges in Primary Care.** Stanford Court Hotel, SF. Feb. 4-7.

**Intensive Residency in Occupational Medicine.** Cathedral Hill Hotel, SF. Feb. 9-20.

**Preoperative Evaluation of the Surgical Patient.** Union Square Holiday Inn, SF. Mar. 18-20.

**Fundamentals of Workplace Safety for Health Professionals.** Clark Kerr Campus Center, Berkeley. Mar. 18-19. Call 642-5507.

**CPR & ACLS Update—1987.** Union Square Holiday Inn, SF. Mar. 26-28.

### RADIOLOGY

Call x65731 for further information.

**Automated Percutaneous Lumbar Disectomy Workshop.** Hyatt Regency, SF. Feb. 12-13, Mar. 14-15, Apr. 9-10.

**Breast Imaging Update.** Fairmont Hotel, SF. Mar. 7-8

**30th Annual Diagnostic Radiology Postgraduate Course.** Fairmont Hotel, SF. Mar. 9-13.

**Contemporary Trends in Diagnostic Nuclear Medicine.** Hyatt Regency, SF. Mar. 14-15.

**Ob/Gyn & Abdominal Sonography: Update 1987.** Hyatt Union Square, SF. Apr. 10-12.

## PERSONAL SAFETY CLASSES

Call x65683 for information & registration.

**Women's Self-Defense Workshop.** Sat., Jan. 31. 9 a.m.-5 p.m. $10 UCSF affiliate, $30 general.

**Six-Week Self-Defense Class for Women.** Mon., Feb. 2-Mar. 16. 6:30-9:30 p.m. $25 UCSF affiliate, $40 general.

## MEDLINE Search

There still is time to sign up for the next session on the "Basics of Searching MEDLINE," to be held Wednesday and Thursday, February 4 and 5. The sessions cover the basic techniques for searching MEDLINE on the National Library of Medicine's MEDLARS system. Cost is $50 for students and residents, $80 for other campus individuals. Applications are available at the UCSF Library reference desk or administration office, Rm. S 257. For further information call Carol Yates-Imah, Elisabeth Bell or Jim Mackie at x68253 or x62337.

### HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students and staff call x61541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms and auditoriums, it is still necessary to call Millberry Union at x62571, Room Reservations at x64436, Faculty/Alumni House at x64723, Laurel Heights at x68100 or the individual school or department.

# Benefits

## What Does "How are the Funds Performing" Mean?

If you've been wondering about the item "How are the Funds Performing?" running adjacent to this column each issue, now may be the perfect time to tell you about it. These figures have to do with the investment funds associated with the University's Voluntary Contribution Plan — and if January finds you computing your 1987 income and outgo, discovering the possibility of something left over, and wondering where to put it, you may be in just the right mood to read about what UC has to offer.

You'll notice on your paycheck stub that UC automatically makes a contribution toward your retirement, as a part of the *Basic Retirement Program* (that is, if you're eligible). The *Voluntary Contribution Plan* is a separate program which allows you to make contributions from your salary for additional savings. You can take part in this voluntary program as long as you are an active member of UCRS or PERS. (This means UC or Public Employees Retirement Systems. Check with your department's benefits rep on your status).

Your contributions to the Voluntary Plan can be on a tax-deferred and/or an after-tax basis.

Over the years, the tax-deferred plan has been great for both long-term and shorter-term savers. The amount you could contribute (for most people, up to 20% of their pre-tax salary) was tax-deferred, it grew on a tax-deferred basis, and you had easy access to your funds when you wanted them without a monetary penalty.

As of January 1, 1987, you still can contribute up to 20% of your pre-tax annual salary (up to $9,500, with certain exceptions), and your money still grows on a tax-deferred basis, but the Tax Reform Act of 1986 has levied a 10% penalty on withdrawals made before age 59½.

Thus, if it's shorter-term savings you're after, you may want to shop around a little. But if it's *retirement* savings you have in mind, by all means, take a look at the tax-deferred plan.

You can also contribute up to 10% of your *after-tax* income to the Voluntary Plan. Your earnings on this will be tax-deferred, and you can withdraw your principal — the amount you contribute — at any time. But the earnings will be subject to the 10% penalty for early withdrawal.

Whether it's tax-deferred, after-tax or both — whatever kind of contributions you choose to make, you'll discover you have the option of six different investment funds through the Voluntary Plan. Call up the Benefits Office at x61400, and they'll send you lots of helpful reading material about the Voluntary Plan and the associated investment funds.

Among this material you'll find a chart that describes the five funds managed by the University, including the risk/return expectations for each fund, and considerations for making your decision.

This brings us to the adjacent "How are the Funds Performing?" information. These figures represent the most recent returns for the five University-managed funds, and give you an idea of their overall performance.

The sixth fund, the Calvert Fund, is not managed by the University, but is offered as an investment alternative. This fund does not have investments in South Africa, nuclear industries, firearms, alcohol or tobacco. If you want to find out more about Calvert, call 800-852-7600.

Okay, now you've figured out how you want to invest. Next step is to get Form U5637C (R11/85) from your department's benefits rep. If you are going to contribute on a tax-deferred basis, you'll need to decide whether you want a flat dollar amount or percentage of your salary contributed by salary reduction. If your salary were to increase during a tax year, your contribution would remain the same if you chose the flat dollar method. With the percentage method, your contribution would increase accordingly. In either case, you're allowed to modify your salary reduction agreement only once during a tax year.

As far as after-tax contributions go, these are made made by payroll deduction — and you can change your designated amount any time you want.

So, that's it. Once you have your form turned in, then it's just a matter of watching your money grow. In the material provided by the Benefits Office, you'll find charts showing examples of what your money can do!

## How are the Funds Performing?

For those invested in the additional savings programs, here are the latest unit values and monthly factors (as of November 30):

- *Accumulation Unit Values*

Equity Fund: $44.417
Bond Fund: $31.164

- *Monthly Factors*

Savings Fund: .007598 (9.51%)*
Money Market Fund: .004768 (5.87%)*
GIC Fund: .008355 (10.50%)*

*These percentages represent the most recent returns expressed as an annualized rate. The money market and savings rates change monthly.

Questions, call x61400.

## Budget, continued

maintained, as would benefit levels, even if benefit costs increase.

Fees would go up $70 per year for graduate and professional students beginning this fall.

On the capital budget, both UCSF projects — the library and the animal care facility at SFGH — are in the Governor's budget and would be covered by state funds.

On enrollment, the second phase of last year's agreed-upon increase in the number of new UCSF graduate student positions has been deferred. The total was to have been 60 positions phased-in in the School of Medicine and 16 in the School of Pharmacy. Last year, 15 new positions were added in Medicine and four in Pharmacy. The balance will be added over the next few years.

The Legislature is expected to begin hearings on the state budget in March.

In addition to the 1987-88 budget problems, the Governor has declared the State in serious financial difficulties for this year, 1986-87. UC has agreed to a $20.5 million budget savings in compliance with the Governor's request.

## W-4 Questions?

Maybe you heard something about filling out a new W-4 form for the IRS this year? Well, it's true — most UCSF employees will have to do this. By next issue of the paper, the forms should be available in your department, and at that point we'll have a further discussion on the matter. Meanwhile, you can be checking with your department's payroll processor to make sure you're among those who must turn in a new form.

# Jobs

*The Personnel Department, located at 1350 Seventh Avenue, is open to receive applications every weekday from 8 a.m. to 5 p.m. with extended hours on Wednesdays, 8 a.m. to 6:30 p.m. Details of jobs listed below are available in the UCSF Employment Opportunities flyers. Copies are distributed campuswide and also are posted at the Personnel Office and in the main lobby of Moffitt Hospital.*

Key:
UNION CODES: CX - Clerical and Allied Services
AFSCME EX - Patient Care Technical
SX - Service
CNA NX - Registered Nurses

## Medical Records, Administration and Technicians

**Medical Records Technician (CX).** General Tumor Registry/CRI. #M-C42577. $1761-$2107. Filing Deadline: 1/21/87.

## Clerical and Allied Services

**Billing Assistant II.** UC Renal Center - SFGH. #M-L50373. $10.15-$12.11/Hr. Filing Deadline: 1/21/87.

**Administrative Assistant I.** CVRI. #M-L41269. $1556-$1843. Filing Deadline: Open Until Filled.

**Principal Clerk (CX).** Computer Center. #V-H47620. $1556-$1843. Filing Deadline: Open Until Filled.

**Secretary II (CX).** Pediatrics. #M-W50260. $1556-$1843. Filing Deadline: Open Until Filled.

## Health Care and Allied Services

**Clinical Nurse III/IV.** Transplant Svc./Surgery. #M-L47412. $2568-$3097 Or $2956-$3568. Filing Deadline: Open Until Filled.

**Hospital Lab Tech II.** CVRI. #M-L41270. $2389-$2880. Filing Deadline: Open Until Filled.

## Sciences, Laboratory and Allied Services

**Staff Research Associate III (Health Educator).** Medicine. #M-C45612. $13.28-$16.01/Hr. Filing Deadline: 1/21/87.

**Staff Research Associate II.** Lab. Medicine - CED. #M-L50013. $2070-$2490. Filing Deadline: 1/21/87.

**Staff Research Associate I.** CVRI. #M-L41207. $1811-$2169. Filing Deadline: Open Until Filled.

**Staff Research Associate I.** LPPI:Research. #V-W51952. $10.41-$12.47/Hr. Filing Deadline: Open Until Filled.

## Administrative/ Professional

**Programmer Analyst III.** Hospital Information Systems. #H-P51710. $3073-$3709. Filing Deadline: 1/21/87.

**Administrative Analyst.** Medicine/GI Unit - SFGH. #M-C45923. $2267-$2733. Filing Deadline: Open Until Filled.

**Programmer Analyst I.** Epidemiology and International Health - SFGH. #M-F45957. $2117-$2547. Filing Deadline: 1/21/87.

## Academic

*The Senior Vice Chancellor - Academic Affairs distributes an Academic Employment Opportunities bulletin on a monthly basis to all UCSF departments. You may obtain a complete description of open academic positions from Academic Services, Room U 162, UCSF. Positions are located on the Parnassus campus unless otherwise noted.*

**Assistant Research Molecular Biologist.** Laboratory Medicine. #M-714. Open until filled.

**Assistant Professor in Residence.** Anesthesia. #M-717 (a) through (h) (8 positions). Open until filled.

**Assistant/Associate/Full Professor in Residence.** Pediatric Intensive Care. #M-718. Open until filled.

**Assistant Clinical Professor.** AIDS Clinic. #M-719. Open until filled.

**Assistant Professor in Residence.** CT/Ultrasound/GI-Radiology. #M-720. Open until filled.

**Associate/Full Professor or Associate/Full Professor in Residence.** Cardiothoracic Surgery Service. #M-721. Filing Deadline: 2/28/87.

**Assistant/Associate/Full Professor.** Otolaryngology. #M-722. Filing Deadline: 2/15/87.

**Associate/Full Professor.** Rheumatology. #M-723. Open until Filled.

**Assistant Research Anatomist.** Pulmonary Research Laboratory, CVRI. #M-000. Open until filled.

## Inpatient Nursing

*For more information on the following positions, call nurse recruiter Lynda Purves, x62252.*

**Clinical Nurse IV.** Diabetes. $3045-3675/mo.

**Clinical Nurse IV.** Nephrology/Transplantation/Dialysis. $3045-3675/mo.

**Clinical Nurse IV.** Adult Critical Care. $3045-3675/mo.

**Administrative Nurse III.** Patient Transport Coordinator. $3045-3675/mo.

**Clinical Nurse II.** Neurosurgery/Neurology. $14.51-16.70/hr.

**Clinical Nurse II.** Cardiothoracic/Vascular/Eye Surgery. $14.51-16.70/hr.

**Clinical Nurse II.** Pediatric Intensive Care Unit. $14.51-16.70/hr.

**Clinical Nurse II.** Intensive Care Nursery. $14.51-16.70/hr.

**Clinical Nurse II.** Neurosurgery. $14.51-16.70/hr.

**Clinical Nurse II.** Gyn/Urol/ENT Surgery. $14.51-16.70/hr.

**Clinical Nurse II.** Oncology. $14.51-16.70/hr.

**Clinical Nurse II.** Intensive Care Unit. $14.51-16.70/hr.

**Clinical Nurse II.** General Surgery. $14.51-16.70/hr.

**Clinical Nurse II.** Medical/Cardiology. $14.51-16.70/hr.

**Clinical Nurse II.** Neonatal ICU. $14.51-16.70/hr.

**Clinical Nurse II.** Postpartum Labor & Delivery. $14.51-16.70/hr.

**Clinical Nurse II.** Critical Care Float Unit—Adult. $14.51-16.70/hr.

**Clinical Nurse II.** Cardiovascular Special Care Unit. $14.51-16.70/hr.

## Psychiatric Inpatient Nursing

*For more information on the following positions, call LPPI Director of Nursing Marilyn Rajokovich, x67361.*

**Clinical Nurse III.** Psychiatric ICU. $2568-3097/mo.

**Clinical Nurse III.** Children's Inpatient Unit. $2568-3097/mo.

**Clinical Nurse III.** Behavioral & Neuro Science. $2568-3097/mo.

**Hospital Psychiatric Nursing Assistant I.** Behavioral & Neuro. Science. $1531-1831/mo.

Mikkel Aaland

# Medsounds Continued

## Parking/Transportation, continued

on carpool, motorcycle and L and N permits and bicycle parking, expected to be distributed by March 31. The transportation office is reviewing for possible revision the material on commuting opportunities. And campus publications will be asked to include information on transportation and parking issues.

• **Security:** The lighting in the garage will be improved this year; still, Bill encourages employees to park on the well-lighted H level and be escorted by a Personal Safety Officer or take the shuttle when going to the garage late at night.

As soon as the lease negotiations are complete for the 17th and Folsom lot, additional lighting will be installed and the access redesigned, both measures for improved security.

• **Permit Parking:** Campus Parking Operations has agreed to begin N permit hours at 1:50 p.m. instead of 2:30 p.m., effective this month — as soon as the equipment required to make the change is installed.

Bill says he would like to support the recommendation for issuing more carpool permits, but this is tricky, since the first priority must be to provide ample parking space for patients. A study is currently underway to determine the availability of garage space. If space allows, it will be recommended that carpool permits be made available on a priority basis to employees on "off shifts."

Along with the addition of a shuttle stop at the Surge lot, additional safety measures have been taken: Physical Plant has put nonskid strips on the stairs leading up to the lot, and Campus Police has installed additional pull stations (emergency alarms) on the stairs and in the lot.

• **Night Security Shuttle Service:** Extension of the night shuttle to cover a wider geographic area is not feasible because of the impact on the surrounding community. However, the Transportation Office has agreed to extend the present night shuttle service to run an extra three hours from 2 to 5 a.m. on a three-month trial basis beginning this month. If the service gets used, it will be continued.

If you arrive at work between 5 and 8:30 a.m., you may want to consider parking in the Kezar lot, and take advantage of the separate shuttle serving this lot.

After dropping off employees, night shuttle drivers are required to wait until employees start their cars and drive off. If you run into a problem with this, contact the campus police.

• **Peak Hour Shuttle to BART:** Commute-hour shuttle service from campus to the Transbay Terminal, Civic Center BART station and the Forrest Hill MUNI station was discontinued several years ago because of lack of riders. Bill asked the Transportation Office to look at the possibility of resuming the service if employees showed sufficient interest, but Transportation has convinced him that it just isn't financially feasible.

A shuttle of reasonable frequency would cost $200,000 a year. That would break down to $3.50 per ride if employees were to be charged. And considering the availability of public transportation to the campus, well, you get the picture.

• **Offsite Parking:** Unfortunately, the Laguna Honda School can't be used for further parking because we don't own the building or lease the lot. Use of the Laurel Heights parking facility by Parnassus employees would not be consistent with agreements made with the Laurel Heights neighborhood. And CED employees need all of their parking places, so that won't work for Parnassus people either. Campus officials Tom Rolinson and Tom Gwyn have agreed to meet with the appropriate people to explore once again the possibility of further parking in the neighborhood, as well as the possibility for parking at Ocean Beach combined with a shuttle service to campus.

Mikkel Aaland

*Good-naturedly posing in the parking lot in the pouring rain are Parking/Transportation Task Force members (clockwise from front center) Diane Higashi, Laurie Carlson, Richard Capra, Kirby Maples, Kay Heller, Jim Fink (chair) and Linda Hughes. Other members include Ann Carrillo, Barbara Faust and Julie Stakenburg.*

***Patient/Visitor Issues***

• **Assistance with Directions:** The Bay Area Teleguide terminals contain 3-D directional campus maps. In a further effort to aid patients in finding their way to and around the Med Center, telephone scripts with concise, specific directions to the Med Center have been developed and provided to all telephone operators; a color coding and number system will be extended to the public section of the garage; maps will be posted at the garage elevators; and the possibility of posting signs in the Med Center elevators indicating which department are located on which floors is under study.

• **Patient Transportation:** Some of the issues being reviewed are protection from bad weather for patient drop-off and pickup; financial assistance with transportation, including free MUNI or BART token for repeat patients and outpatients who are delayed or whose care requires an extended stay; and valet and/or stack parking for ACC patients.

• **Taxis:** Tom Gwyn and Dennis Brimhall are meeting with local taxi companies to discuss improved service. Possibilities include establishing a taxi stand, building a kiosk, and creating alternatives for making patient fares more attractive.

• **Patient Pickup and Drop-off:** Tom Gwyn will approach the City about removing some of the meters in front of selected buildings to improve pickup and drop-off; the campus police have agreed to more closely monitor the 20-minute parking limit in the Moffitt Circle; and alternate procedures are being developed for patient drop-off and pickup during the lobby reconstruction.

• **Outpatient Access:** Campus Parking Operations will reconsider the possibility of using the Irving Street entrance to the garage for patients and visitors during the library construction process. In regard to the suggestion of using the Hillway entrance to the ACC plaza level for patient drop-off and pickup, there are two problems with this — the steep grade is difficult for many drivers, and there is no alternative parking location for the van pool vehicles.

• **Traffic Signs:** Tom Gwyn is approaching city officials about the possibility of creating a three-way stop at the junction of Arguello, Irving and Carl Streets.

Mikkel Aaland

## Goodbye, Irene

"What are we going to do without Irene?" was the question of the day at the retirement party for Patient Escort dispatcher Irene Smith — pictured here squashed in department manager Richard Felder's big goodbye hug. Irene has worked here 34½ years, much of that time serving as the friendly link between the patient care departments and the escort staff.

What more can be said about our retiree? According to her colleagues, she is known to everyone, liked by just as many — and over the years has shown the ropes to plenty of newcomers to the Medical Center. For example, among those Irene took under her wing when they first joined the staff as "orderlies" are George Mark, now manager of Payroll; and Earl Jenkins, supervisor of the carpenter shop.

## Hello, Susan

Susan Klugerman, the new catering coordinator in the Department of Nutrition and Dietetics, has an intriguing background: For the past 4½ years she's been with Neiman-Marcus, initially as food service manager for the San Francisco store when it first opened — which included managing the restaurant, employee cafeteria, and expresso bar and soda fountain — and then moving on to the Palo Alto store to start up and manage the food service operation there.

Before taking the job at Neiman's, she lived in Washington, DC, where she was on the catering staff for the US Congress. In fact, she lived in Washington for 10 years and spent most of her professional career there, which, in addition to several restaurant involvements, included owning her own catering business.

What lured Susan to the position here was her desire to get back into full-fledged catering — and her yen for creative challenge. "I have a history," she warns, "of innovating things . . . of bringing in new ideas." Which is fine with us. Part of the master plan for Nutrition and Dietetics is to upgrade the catering service. "The goal is to provide a level of service comparable to any caterer in the city," says Susan.

So far, she says, the best word to describe her new job is "exciting." And hectic — at least during her first few weeks here. Poor Susan barely took off her coat and hat when the Christmas season began — and the agenda frequently called for several catered events a day. "There was nothing to do but jump right in," she says. Thus, at a time when some people might just be completing their orientation, Susan already has a lot of major parties behind her!

Anne Dowie

*What a team: New catering coordinator Susan Klugerman and Chef John Surico.*

## Calling All Auxiliary Fund Requests

If your department has a project you'd like to have funded by the Auxiliary, better get your proposal together. The end of January is the deadline for getting it turned into the Auxiliary office.

The amount of funding can be up to $25,000, but remember: whatever your project, it has to directly benefit patients and/or families. Equipment and furnishings usually are valid requests; salaries and reasearch projects are not.

Here's another option: If you have no immediate ideas as to how the Auxiliary can help your department (or even if you do), why not see what you can do to help the Auxiliary help everybody? They're welcoming new members!

In fact, you already may have received in your department a brochure explaining the Auxiliary's function and how you can take part. If your time is limited, you can support the cause simply by purchasing a $15 annual membership. If you're able to participate to any extent in the various fundraising activities as well, that's even better.

If any of the above drives you to want further information, the Auxiliary office extension is 64906.

## Chaplaincy, continued

has had with a mother who will soon lose her one-year-old daughter.

"I just don't know what I should have done to help," he exclaims in frustration.

"Probably being there to listen was helping," suggests a peer.

"And maybe next time you can talk with her about how she wants to remember her daughter," suggests another.

In the Clinical Pastoral Education Program, the six hours serving as unit chaplains each day are supported by two hours with the other chaplaincy students and Rod Seeger, who has been supervisor for the program at the Med Center for 12 years. The six of us get together for support, for constructive criticism, for brass tacks seminars on pastoral care techniques, for worship, and just to talk about what it means to be ministering in the life and death, miracle and despair world of the Med Center at UCSF.

Clinical pastoral education was "invented" by a visionary English clergyman named Anton Boison in the early part of this century. Boison insisted that one part of the program be an intensive self-analysis by each student. He believed that ministry went far beyond the simple learning of technique and skills. Chaplaincy involves the relationship of one human being to another — and thus, the chaplain must understand himself well. It is this same idea behind the requirement that psychoanalysts go through psychotherapy themselves before practicing.

For us, then, the branches of our journey through the next 11 weeks has begun. With a bit of guidance from our supervisor, patients and staff we will learn the nitty-gritty of this chaplaincy business. We will see a few folks in — and a few out — of this world. The thought is a terror and a blessing.

There is something about celebrating miracles and standing by watching our last hopes disappear, that helps you see right down to the bare bones of a person. Among our group we have a term for that: It's our "growing edge." It's the part of ourselves that continues to grow and change as we learn to minister, or maybe as we learn to be human.

The five of us are:

• Andree Normandine, a Catholic missionary sister from Taiwan, who plans to return to her country and serve as chaplain in a small hospital.

• Curtis Chan, a Chinese-American Baptist layperson, who is hoping to enter professional chaplaincy.

• Jeanne Sullivan, a Catholic sister who has served primarily as an educator, but who is contemplating a change of career to hospital ministry.

• Dominica Wong, a Catholic sister from Hong Kong who wants to become skilled in pastoral care — so that she can provide some of the ministry needed as her people make the difficult transition back to being a part of mainland China in 1997.

• Myself, a United Church of Christ clergywoman, beginning my training as a Clinical Pastoral Education supervisor.

## CED, Take Note: Brown Bag Videos Are Coming!

Live from Parnassus, the series begins Wednesday, January 28, at noon in the Commons Room. (See page 2 for details.)

UCSF Medsounds

Volume 2, Number 2 January 17-30, 1987

# Get the Task Force Scoop Here!

In this edition and next, *Medsounds* is continuing a special series on Director Bill Kerr's responses to the recommendations made by the employee task forces. The January 3 issue featured the responses to the Employee Recognition group's recommendations — including the outline of the new "Meet the Director" program beginning January 29. This issue contains the responses to the Employee Recreation and Parking/Transportation recommendations. And in the January 31 issue we'll look at the CED and Food Services recommendation responses.

Prior to each issue of the paper, the corresponding copies of Bill's complete letters of response are being sent to individual departments. At this point, the Recognition, Recreation and Parking/Transportation letters already have been distributed, and the CED and Food Services letter will be going out the week of the 26th. Should you want to scrutinize these letters (since they contain lots of pertinent information for employees), but can't find them posted in your department, speak up. Your supervisor will know of their whereabouts.

Anne Dowie

*Clinical Pastoral Education Program participants (clockwise, starting from front center) Susan Lyon, Jeanne Sullivan, Chaplain Rod Seeger, Dominica Wong, Andree Normandine and Curtis Chan*

## Recreation Issues: Millberry Union, Picnic, Lounges

Dawn Finch

*The Recreation Task Force members you can see in this photo are (left to right) Jane Herman, a little bit of Ron Bailey, Howard McFadden, Elaine Gambrioli, Leonard Andruski (chair), Helen Ripple (advisor) and Pat Singer. The one you can't see is Joyce Lehman. The members who aren't even in the photo are Mary Jane Conway, Ted Rathgerber and Shelley Wasserman.*

The photo of the Recreational Task Force is not entirely representative of the kinds of issues they studied and recommendations they produced. If you remember, in addition to pursuing their ideas for improved recreational opportunities, these were the people who combed the Med Center searching for potential staff lounge space. They came up with numerous recommendations in both categories, and have received in return some accommodating responses. The complete list is available in your department, but here is a summary:

In regard to their recommendations for making Millberry Union more accommodating and accessible for Med Center employees, a number of things have happened:

- Med Center representatives currently are working with the Millberry Union staff to develop an Employee Activity Club, scheduled to begin this spring. The purpose of the club will be to coordinate activities requested by the members (Chess tournaments? Wine tastings? Field trips? Night at the Opera? Go fishing?). The club won't cost much to belong, nor will you have to be a MU member to take part.
- In order to represent Med Center employee interests, Assistant Director Carl Heller has been appointed to the committee making the plans to modernize Millberry Union.
- Active MU members and Med Center employees Jeanne Kistner of Medical Records and Art Moran of the Instrument Shop have agreed to be our Med Center representatives on the MU Advisory Committee. Some issues to be explored: Are special populations represented (elderly, disabled)? Can MU hours be extended to weekends and holidays? How can we make sure Med Center staff is aware of MU services and activities?
- The recommendation to promote staggered lunch hours for easier access to MU facilities does not appear feasible. Lunch hour/break scheduling really needs to focus on how we can best provide our services. Fair?

In addition to the MU activities in the works, another Recreation Task Force recommendation-turned-action is the plan for a big Med Center staff picnic, probably this May! Most likely there will be volunteer opportunities associated with this, but we'll talk more about that when the daffodils start pushing their heads through the ground.

Now, in response to the lounge space recommendations, Med Center Director Bill Kerr notes that "as we modernize the patient floors in Moffitt Hospital, we will create shared locker and lounge space on each floor. Since our construction schedule is spread over a number of future years, we plan to take the following interim steps:"

- Redecorate and add seating in the lounge for female employees on the second floor of Moffitt.
- Begin space moves necessary to create a lounge for male employees on the ground floor level of Moffitt. Anticipated finish date: May 1.
- Now completed is an interim employee lounge on vacant 9th floor east wing.
- Continue to seek a practical location for an additional employee lounge on the patient floors.

The recommendation to make the new ACC lounge a staff-only facility is understandable; but, unfortunately, impossible. Space is so tight, and many of our ambulatory patients are here for extended periods and really need a comfortable place to sit down. The bright side of this, however, is that the new lounge will be roomy, airy, attractive and should be ready by the end of this month.

## So You Think the Parking/Transportation Situation Can't Be Improved?

The members of Parking/Transportation Task Force think otherwise, and, in fact, came up with numerous recommendations for improving conditions for both employees and patients/visitors. For one, the group saw the need for improved communication about existing operations, and many of their ideas along these lines already are being implemented.

They also made several suggestions for new, expanded or improved parking and transportation operations. A summary of Bill Kerr's responses to their recommendations follows. In some cases, you'll notice that action on a recommendation is pending further study or negotiations. We'll keep you posted on the progress in future issues.

***Employee Issues***

- **Education/Orientation:** The campus parking office is developing additional information

*(continued on page 7)*

## Training for the Chaplaincy: An Insider's View

*Contributed by Susan Lyon, chaplain trainee in the Med Center's Clinical Pastoral Education Program*

I vividly remember New Year's Day as I was growing up on the New England coast. My sister and I would put on our swimsuits and plunge into the frosty Atlantic along with dozens of other Polar Bear Club members. It was a fine way to have the fresh new year smack us into fresh new life.

This January, four of my peers and I have taken a plunge of a similar sort. We are beginning a quarter of clinical pastoral education here at the Med Center, training to be chaplains. Maybe it doesn't sound nearly so icy or foolhardy as leaping into a winter ocean. But believe me, it is just as heart-rattling. Clinical pastoral education smacks all of us up against the jolting reality of a hospital — and the shiver of getting to know ourselves better.

Clinical pastoral education demands that students learn by experience. Each of us is assigned to two or three patient care units in Moffitt and Long Hospitals. For each of us there was that first patient visit, standing outside the door with a pounding heart, working up the nerve to step over the threshold, and praying that our tongues would come unrusted from the roofs of our mouths — if we did indeed make it to the bedside.

I am blind, and so it was that on my first patient visit I marched myself trembling and well-rehearsed into the room — and introduced myself to an empty bed. I think every student chaplain has a "first day" story to tell in the anxious times that follow — and this is mine!

But those initial moments of terror soon give way to tougher questions. A student assigned to the pediatric unit tells of a talk he

*(continued on page 7)*

## So What Did Beaker Go Home and Tell His Friends?

"Well," said Beaker to his penguin pals back at the SF Zoo, "you wouldn't have believed it. It was a zoo, that's for sure, but not like a *zoo* zoo. I mean, I've never seen that many people standing around looking at me and taking pictures. And these were *grown-ups*, not kids.

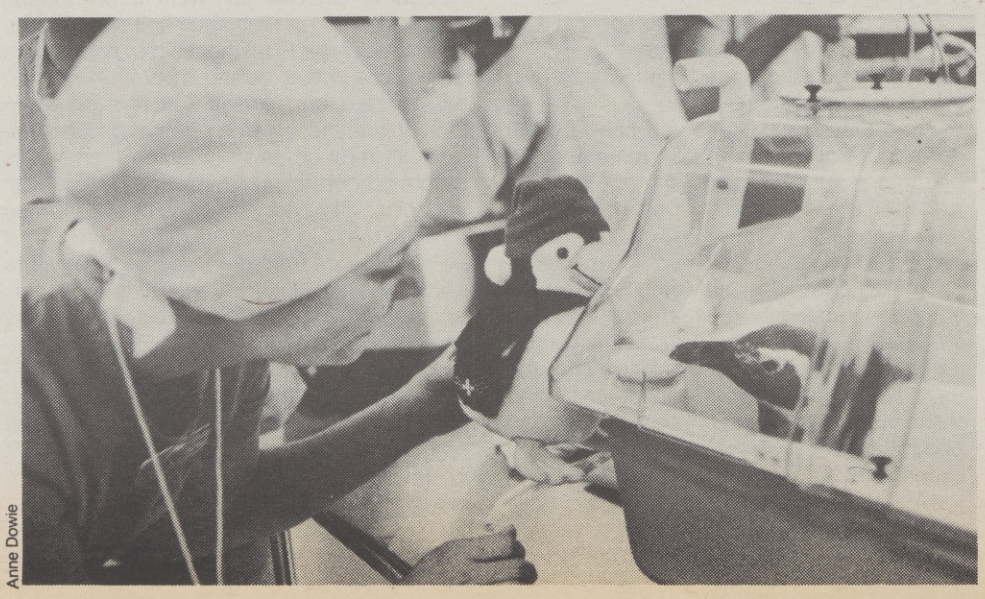
"All the people were wearing the strangest clothes and funny-looking hats. In fact, the whole place was strange. There was a big pond, but I don't really remember swimming in it. Well, maybe I did. Frankly, I think I fell asleep — heaven knows how, considering all the commotion.

"Anyway, when I woke up, there was this nice lady talking to me — she had on one of those hats, too — and she was showing me another penguin. Even it had a hat on. The lady said it was my "cheerleader." I asked the other penguin what she was talking about, but it must have been from another country. It didn't understand me. It didn't answer, anyway.

"Well, who knows what that was all about. But I'll tell you something — I'm glad to be home. And you know how miserable I've been feeling lately? Ever since I came home from that place, I've been feeling *much* better."

*If you somehow missed it in the paper or on TV, Beaker the penguin underwent lithotripsy here at UCSF for his kidney stones. Although Beaker is most certainly believed to be the first bird ever to undergo lithotripsy — according to Urinary Stone Center Medical Director Joachim Thuroff — the procedure followed was the same as for humans: High-energy shock waves were used to disintegrate the kidney stones while the penguin was immersed in a tub of warm water (that's the "pond" Beaker was talking about).*

*The penguin was totally anesthetized for the procedure — and he was just waking up when this picture was taken. With Beaker in the photo is Jeanne Moslener, nurse coordinator of the Urinary Stone Center. Jeanne, of course, is the "nice lady" Beaker was telling his friends about.*



Anne Dowie